

PENINSULA ADVENTURES

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A group of three people in a forest. A man on the left is looking through binoculars. A woman in the middle is also looking through binoculars. A woman on the right is pointing towards the trees. A camera on a tripod is visible in the foreground.

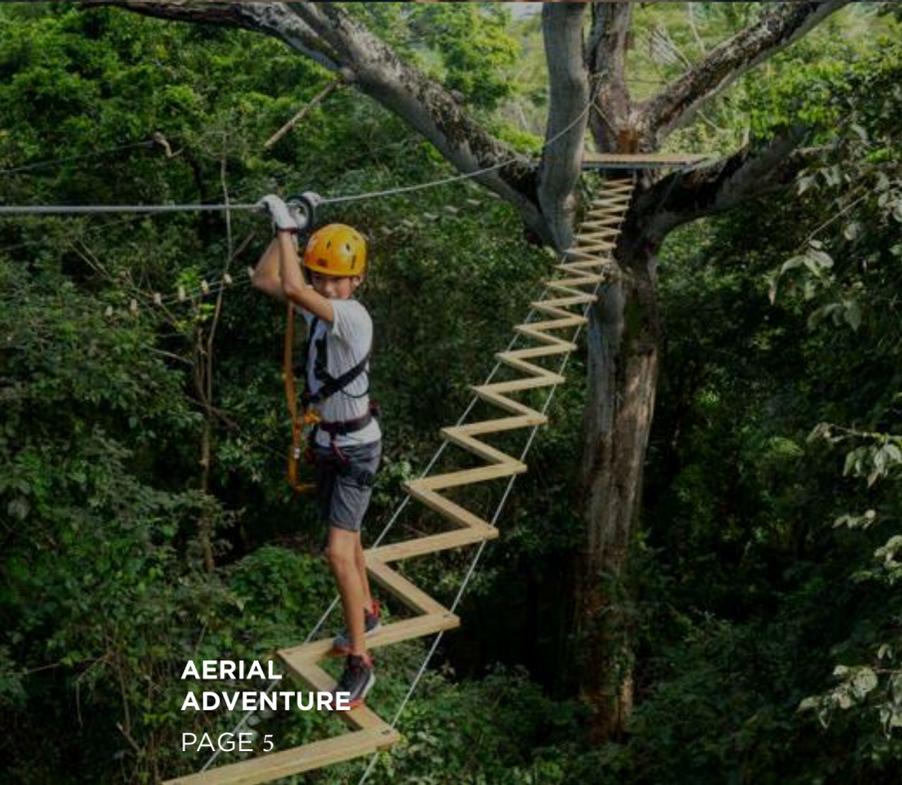
WILDERNESS HIKE
PAGE 8

A man wearing a white helmet and a bright green long-sleeved shirt is riding a red mountain bike on a dirt trail. He is performing a wheelie, with the front wheel lifted in the air. The background is a dense forest.

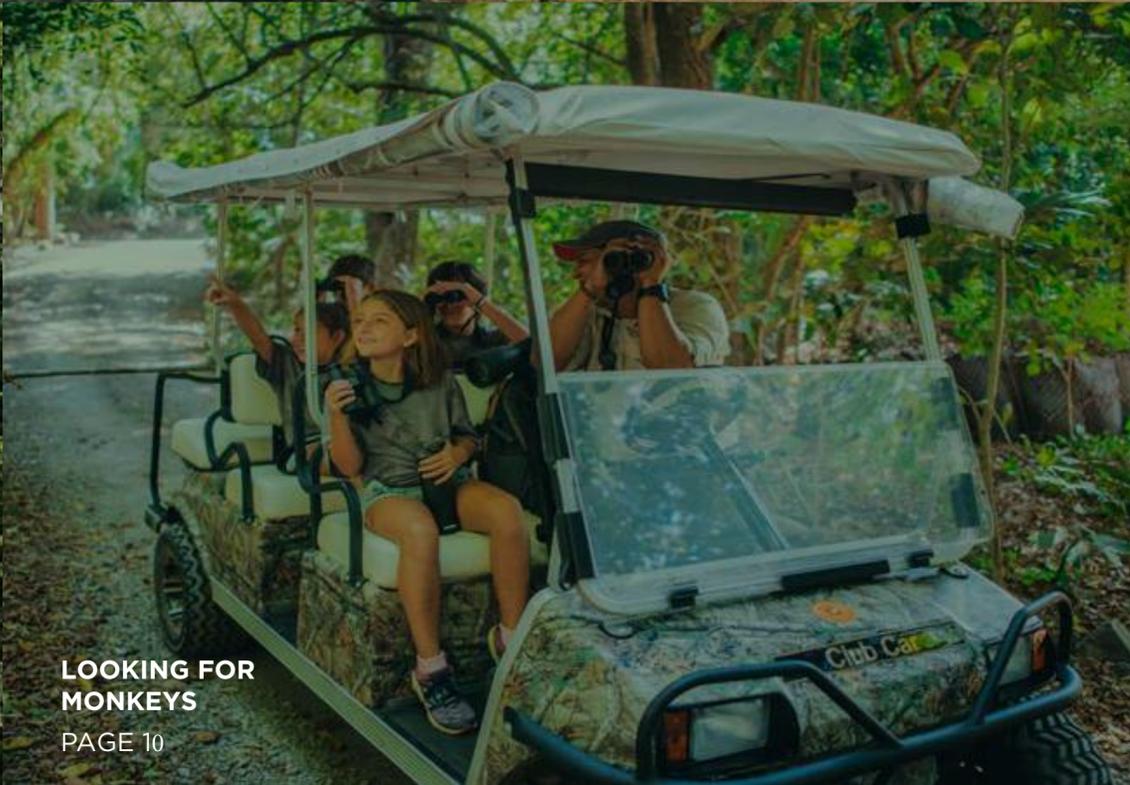
MOUNTAIN BIKING
PAGE 6

A group of people are kayaking on a narrow waterway through a mangrove forest. The water is dark and reflects the surrounding trees. The kayakers are wearing life jackets and using paddles.

MAGICAL MANGROVE
PAGE 12

A person wearing a yellow helmet and a harness is ziplining through a forest. They are suspended from a rope and are in the middle of a glide over a series of wooden steps.

AERIAL ADVENTURE
PAGE 5

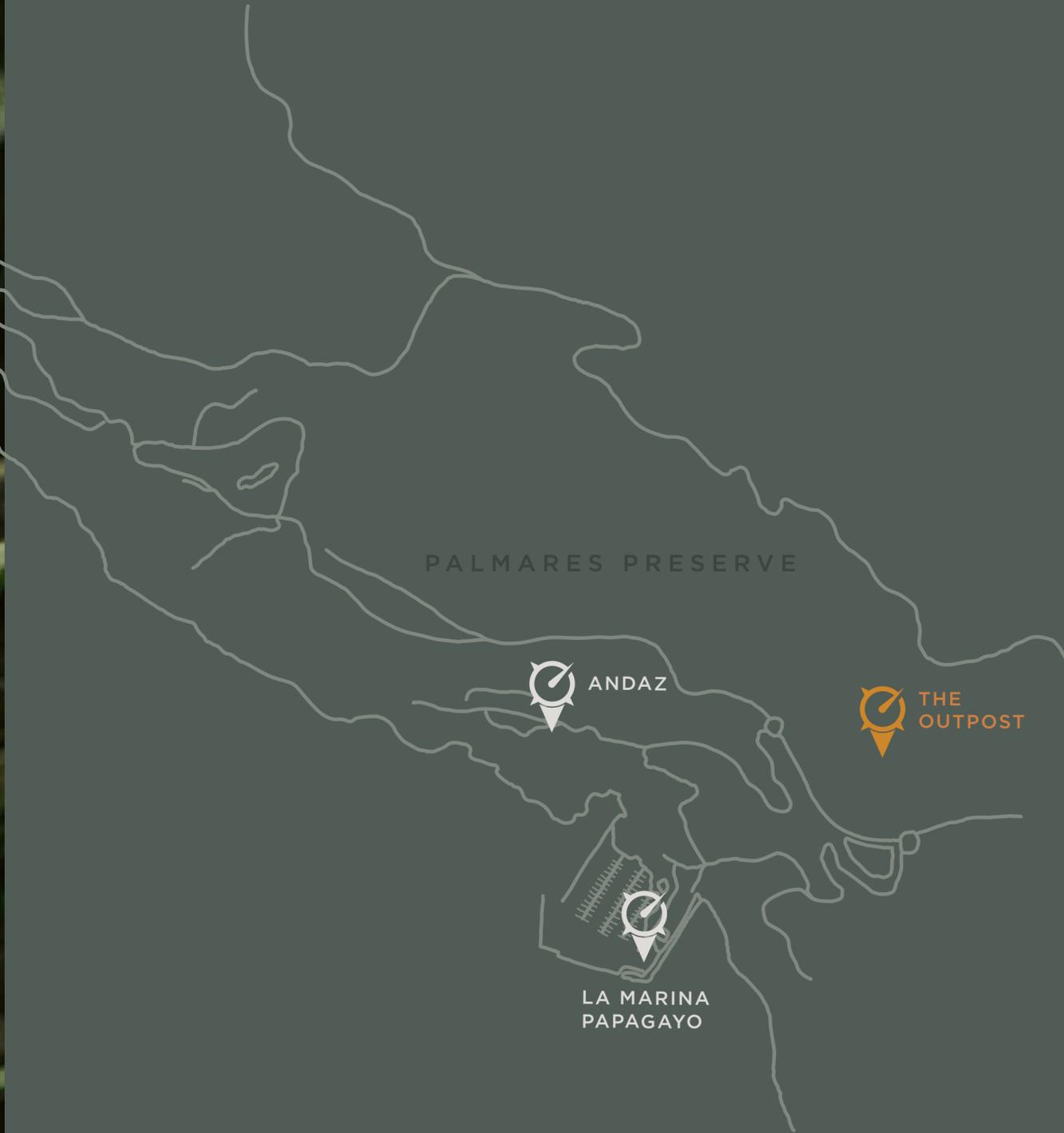
A group of people are sitting in a green off-road vehicle with a white canopy. They are looking out of the vehicle, and one person is taking a photo with a camera. The vehicle is on a dirt road in a forest.

LOOKING FOR MONKEYS
PAGE 10

A line of off-road vehicles is driving on a dirt road through a forest. The lead vehicle is a dark-colored SUV. The road is narrow and surrounded by trees and foliage.

OFF-ROADING
PAGE 7

Inspired outdoor pursuits, both on land and water. Explore Peninsula Papagayo's 1,400-acre ecological wonderland and surrounding coastline - all starting right here in our own backyard.



Bahía Zapotillal

PALMARES PRESERVE

CHALLENGE COURSE

CANOPY

MATAPALO TREE PLATFORM

Palmares Estuary

Mangrove

The Outpost

Main Entrance

Bahía Huevos



THE EXPLORERS
PENINSULA PAPAGAYO

1 EXPLORERS WAY
0.5 mi | 🚗

2 PALMARES
1.9 mi | 🚗 🏠 🏠

3 AERIAL ADVENTURE
0.4 mi | 🏠

4 MORPHO
0.5 mi | 🏠 🏠

5 ZIG ZAG
0.3 mi | 🏠

6 MOT MOT
0.4 mi | 🏠 🏠

7 CONGO
0.2 mi | 🏠

8 JOBO
1.9 mi | 🏠 🏠

9 MATAPALO
0.9 mi | 🏠 🏠

10 AGUTI
1.1 mi | 🏠 🏠

11 TROGON
0.9 mi | 🏠 🏠

12 PUMA
1 mi | 🏠 🏠

13 DANTA
1.2 mi | 🏠 🏠

14 GUACO
1.1 mi | 🏠 🏠

15 BAMBÚ
0.9 mi | 🏠 🏠



PALMARES PRESERVE, PENINSULA PAPAGAYO

AERIAL ADVENTURE

[WATCH VIDEO](#)

A collection of epic aerial trails custom designed by adventure park legend, Victor Gallo, creates a not-to-be-missed voyage through one of the last vestiges of old growth Tropical Dry Forest in Mesoamerica.

The two-hour guided exploration thirty feet above ground traverses seven ziplines, a majestic weeping fig tree, and twenty-one high-ropes obstacles replete with rope bridges, swinging logs, cargo nets, and more.

Explore with confidence: you are harnessed into a double-connected, always-locked-on rope system, which helps keep your harness securely attached to the safety line at all times. Our experienced Explorers guides and naturalists are with you every step of the way — not just for your safety but to help connect with the world around and share the feeling of Palmares through experiences with purpose.

Min. Height: Vertical reach of 4.3 ft

Duration: 2.5 hours

Max. Weight: 250 lbs

What to bring: Comfortable clothes, tennis shoes, water

Travel time: 15 minutes each way

Shared: \$155 + tax per person / Minimum 2 ppl

**DEPARTING FROM THE
OUTPOST**

PALMARES PRESERVE, PENINSULA PAPAGAYO

MOUNTAIN BIKING

WATCH VIDEO

Peninsula Papagayo's mangroves, estuaries and forests are a wonderland for mountain biking. New electric-assist off-road bikes, which boast full suspension, will get you to escape the confines of pavement, connect with nature and journey out for the ride of your life! Seeking a more active workout? Ask for our regular mountain bikes!

What we love: The Peninsula Papagayo exclusive coastal trails carved through thick tropical forests.

Min. Height: 5 ft

Min. Age: 14+ years old

Travel time: 15 minutes each way

Duration: 2.5 hours

What to bring: Comfortable clothes, tennis shoes, water

Shared: \$155 + tax per person/ Minimum 2 ppl

DEPARTING FROM THE
OUTPOST





PALMARES PRESERVE, PENINSULA PAPAGAYO

OFF-ROADING

WATCH VIDEO

Join us for a heart-pounding off-roading UTV around the Palmares estuary - be prepared to get dirty! Stop for a quick nature walk before heading over to the northern peninsula for astounding ocean views, exclusive to adventures with Peninsula Explorers. From there visit Playa Zapotillal to hang out on a secluded beach where there is rarely another soul.

What we love: The impressive sightseeing views you get to catch on the way.

Duration: 2.5 hours

Travel time: 15 minutes each way

Minimum age: 5+ years old

What to bring: Tennis shoes,

sunglasses, swimming-suit, water

Private: \$1,000 + tax per UTV (up to 6 riders per vehicle)

DEPARTING FROM THE
NATURE CENTER

PALMARES PRESERVE, PENINSULA PAPAGAYO

WILDERNESS HIKE

You'll never know what you'll encounter in the wilderness of Palmares, where ecosystems converge. This large satch of land is largely untouched, save for a few hidden trails known only to your guide. Tucked away from civilization, Palmares provides shelter for a dazzling array of wildlife. If you're lucky (and very quiet), you might even spot a big cat - a rare experience sure to delight for families with kids.

What we love: The sensation of being in a world apart when in the Palmares area, while just a short drive from Peninsula Papagayo.

Duration: 2.5 hours

Travel time: 15 minutes each way

Minimum age: 5+ years old

What to bring: T-shirt, long pants, hiking shoes, hat, sunglasses, water

Shared: \$95 + tax per person/ Minimum 2 ppl

**DEPARTING FROM THE
OUTPOST**





PALMARES PRESERVE, PENINSULA PAPAGAYO

PALMARES NIGHT WALK

[WATCH VIDEO](#)

You really haven't experienced the true nature of the peninsula until you witness it after the sun goes down. Embark on a magical nature walk at night through the peninsula's tropical dry forest to discover the mystery of the nocturnal creatures that come out to play after dark. Listen to the wild orchestra. Look for sleeping birds. Surround yourself with nature's built-in fairy lights-fireflies.

What we love: Witness nature and wildlife awakening as the sun goes down.

Duration: 1.5 hour

Travel time: 15 minutes each way

Min Age: 5 years old

What to bring: Long-sleeve clothes, comfortable shoes , water

Shared: \$95 + tax per person/ Minimum 2 ppl

**DEPARTING FROM THE
OUTPOST**

PALMARES PRESERVE, PENINSULA PAPAGAYO

ARCHERY

Embrace the thrill of archery in the stunning setting of Peninsula Papagayo, an experience designed to cater to all skill levels. Beginners swiftly master archery basics with expert guidance, while more advanced participants can hone their skills before the thrilling competition. Form your team and embark on a journey to achieve the highest score through various challenges - a dynamic adventure aiming to nurture both competitive and cooperative skills, creating a bonding family activity.

Min. Age: 8+ years old

Duration: 1.5 hour

Travel time: 15 minutes each way

What to bring: Hat, sunglasses, comfortable clothes, tennis shoes, water

Private: \$480 + tax (up to 5 participants), \$80 + tax per additional person



LOOKING FOR MONKEYS

Peninsula Papagayo is home to more than 15 monkey troops, of three different species: howler, white-face and spider monkeys. On this Monkey Tour, join our knowledgeable naturalist guide on a quest to spot as many primates as possible: you may be lucky enough to see some babies amongst the troops! It's a great experience for kids of all ages who enjoy nature and wildlife without a lot of walking.

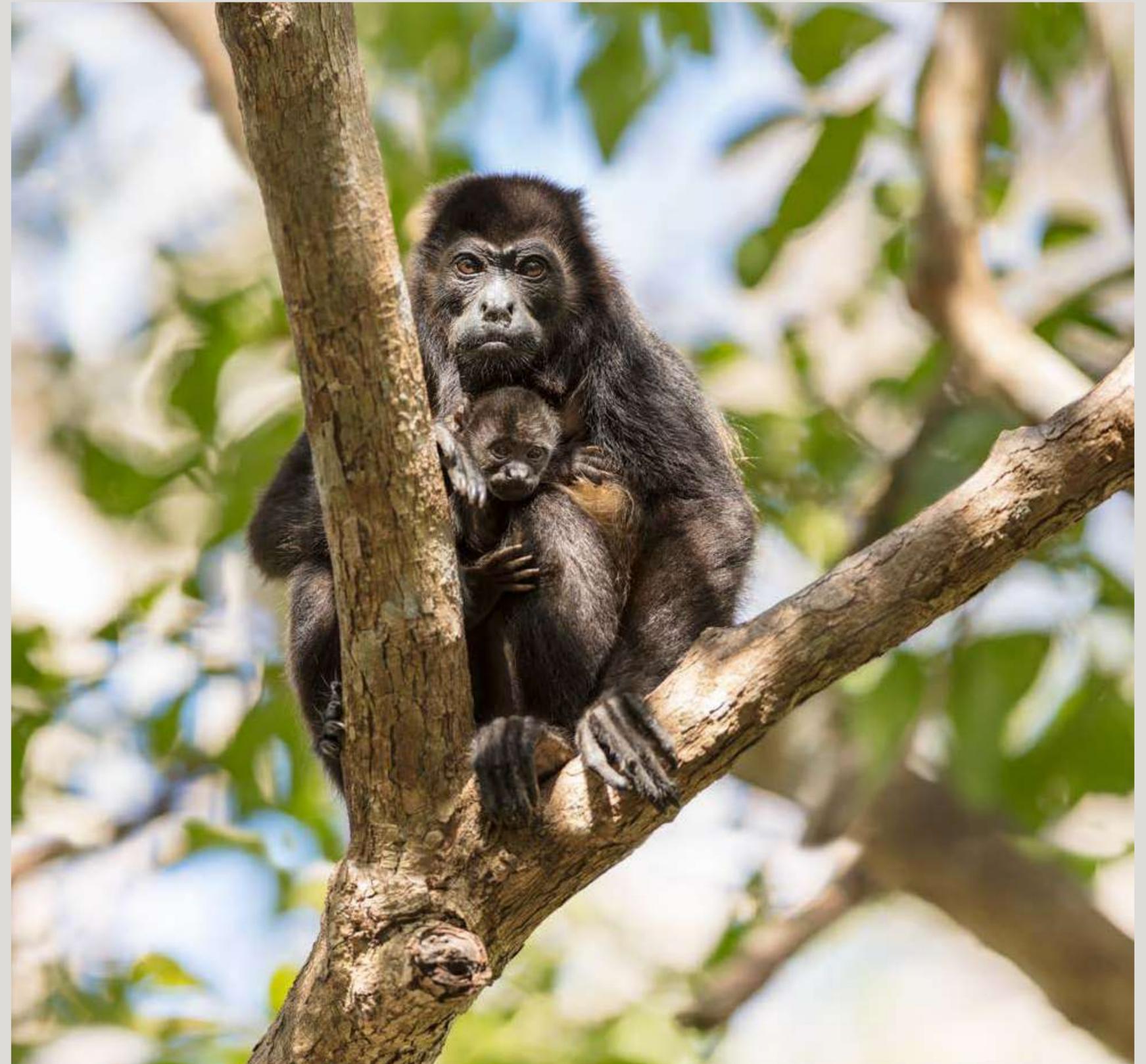
Duration: 2 hours

Travel time: 15 minutes each way

What to bring: Comfortable shoes, hat, sunglasses, water

Shared: \$85 + tax per person/ Minimum 2 ppl

DEPARTING FROM THE NATURE CENTER



CULEBRA BAY, PENINSULA PAPAGAYO

BAY EXPLORATION

WATCH VIDEO

Embark on a journey to this world apart, exploring the turquoise waters of Peninsula Papagayo surrounding bays. Choose the latest craze of Water Bikes, a quiet and sustainable option for nature-friendly exploration. Or immerse in the ancient tradition of Outrigger Canoes, perfecting your stroke and witnessing marine life wonders. Calm waters reveal rays, sea turtles, and fascinating fish, while the surrounding beauty lets you hear the howlers in the trees!

What to bring: Hat, sunglasses, bathing suit, water.

Choose your gear:

Outrigger Canoes

Duration: 2.5 hours
Minimum Age: 14+ years old

Water Bikes

Duration: 2 hours
Minimum Height: 5 ft

Shared: \$120 + tax per person/ Minimum 2 ppl.

**DEPARTING FROM THE
NATURE CENTER**



PALMARES PRESERVE, PENINSULA PAPAGAYO

MAGICAL MANGROVE

[WATCH VIDEO](#)

Few experiences are more magical than touring the mangroves of Palmares - one of the jewels of the peninsula. Venture into this natural sanctuary, and explore a unique ecosystem of eerie "walking trees" able to survive (and thrive) in salty fresh water, creating a rich refuge for wildlife. Take a relaxing paddle through the mangroves in an outrigger canoe or, for a more strenuous workout hop on one of our water bikes.

What we love: A floating safari within a fascinating ecosystem.

(Subject to high tide schedule)

What to bring: Hat, water shoes, sunglasses with a strap, bathing suit, water

Choose your gear:

Outrigger Canoes

Duration: 2 hours

Minimum Age: 14+ years old

Water Bikes

Duration: 2 hours

Minimum Height: 5 ft

Shared: \$120 + tax per person/ Minimum 2 ppl.

**DEPARTING FROM THE
NATURE CENTER**





CULEBRA BAY, PENINSULA PAPAGAYO

BIOLUMI- NESCENCE

Seasonal Happening

New Moon only

An evening in one of the surrounding bays can take your breath away, especially during one of the seasonal upwellings in the Golfo de Papagayo. This is when plankton blooms occur and nature's most delicate creatures—millions and millions of them—drift with the current just beneath the surface, performing an unforgettable underwater ballet known as bioluminescence.

What we love: A magical seasonal happening not to miss.

What to bring: Comfortable clothes, water shoes, water

Choose your gear:

Outrigger Canoes

Duration: 1.5 hour

Minimum Age: 14+ years old

Water Bikes

Minimum Height: 5 ft

Duration: 1.5 hour

Shared: \$120 + tax per person/ Minimum 2 ppl

**DEPARTING FROM THE
NATURE CENTER**



CORAL PLANTING

WATCH VIDEO

A meaningful family experience: adopt your coral tree and contribute to reforest the nearby coral reefs.

Attach colorful baby fragments to your personalized coral frame and set an intention while your divemaster places it within its home for the next 12 months: Bahia Culebra corals nursery.

Your adopted coral frame will be provided with monthly maintenance and monitoring until big enough to be out planted deeper in the ocean and thrive on its own, benefiting generations to come.

What we love: 40% of the cost being directly allocated to corals.
**Limited amount of coral trees are available for adoption.
Activity available exclusively for Four Seasons guests.*

Min. Age: 5+ years old
Duration: 1.5 hour

Travel time: N/A

Private: \$1,400 + tax, (up to 4 coral heroes),
\$300 + tax per additional participant

CORAL GARDENING

If you are an experienced diver, you can participate in the Coral Gardening Experience which comprises three underwater hands-on activities to assist the coral regeneration process.

Guided by a trained Explorers team member, you will have the opportunity to dive via boat to the Güiri Güiri Reef, a deeply damaged coral colony, and participate in the following activities:

- Coral Cleaning - Assist newly planted baby coral to grow and thrive by providing them with cleaning until they survive on their own.
- Coral Fragmentation - Along with trained divers, cut small adult coral pieces from coral nurseries that will then be transplanted into Guiri-Guiri Reef.
- Coral Planting - Actively attach coral fragments from a healthy reef to the tarnished Güiri Güiri Reef to help repair, restore and revitalize this endangered reef.

What we love: The chance to be involved in every steps of the coral restoration project on a very hands-on experience

*Activity available exclusively for Four Seasons guests.

Duration: 3 hours (approx.)

Who: Certified diver with min. 10 dives

Travel time: N/A

Private: \$330 + tax per person (2 participants min)

