

Hike at Rincon de la Vieja National Park & Oropendola Waterfall

Experience the natural beauty of Rincon de la Vieja Volcano National Park, spanning 14,087 hectares with elevations from 980 to 1987 meters (3215 to 6519 feet). Explore diverse habitats like cloud forests and tropical rainforests. On arrival, walk the "Las Pailas" trail and the famous "Volcancito" (small volcano) trail. Enjoy the option to visit stunning waterfalls, cross rivers, and take in breathtaking views.

The park is crucial for its watersheds, with 32 rivers originating from the Rincon de la Vieja massif, separating the Caribbean and Pacific coasts. It also hosts Costa Rica's National Flower, the "Guaria Morada". Don't miss the 25-meter (82-foot) Oropendola Waterfall, plunging into a turquoise pool. The lush canyon of the Rio Blanco (White River) is perfect for a refreshing swim. After an exhilarating hike, savor a delicious lunch before heading back to your hotel.



TECHNICAL INFORMATION

Pick up location: Hotel Main lobby.

Departure time: 7:30am.

Estimated Arrival back to hotel: 5:00pm.

Estimated transfer duration: 1 hr. 45min – each way.

National Park trail length (loop): 3 kms (1.8 miles) / **Level:** Moderate with low slopes.

Length of trail to the waterfall: 2 kms (1.2 miles) round trip, including 112 entrance steps & 82 exit steps./ **Level:** Moderate.

Minimum: 8 ppl.

Maximum: 75 ppl. – divided into groups of 25 ppl. every 15 minutes (maximum 150 ppl. with one hour difference between groups).

Includes: Deluxe private transportation, certified TE DMC guide, 3 bottles of water per person, entrance fee to the National Park, entrance fee to Oropendola waterfall, Costa Rica biodiversity guide, Lunch at Hacienda Guachipelin, gratuity for TE DMC guide.

Dates:

G1: Thurs July 25th

G2: Wed July 31st

G3: Tues Aug 6th

G4: Sun Aug 11th

REMARKS

Waiver is required.

Not recommended for people with recent surgeries, heart condition, physical limitations or pregnant women.

The park is closed Mondays.

Activity subject to weather conditions.

Full name, nationality and passport number previously required for National Park entrance reservation.

WHAT TO BRING?

Hiking shoes, comfortable clothes, sunscreen lotion, towel, swimsuit, water shoes, insect repellent, hat, sunglasses, binoculars.

Per person Price in US\$	
Minimum	Rincon de la Vieja & Oropendola waterfall
8 ppl.	\$166 ⁰⁰

Hacienda El Viejo

Boat safari and rum experience & tasting

After a drive through charming villages and sugar cane fields, you'll reach "El Viejo," a 5,000-acre Wildlife Private Refuge dedicated to conservation. Enjoy fresh tropical fruits, refreshing drinks, or coffee at the historic "Casona," a traditional Costa Rican house from the 1800s.

Next, board a boat on the Tempisque River, which winds through mangroves, wetlands, and forests. Spot a rich variety of birds like Roseate Spoonbills and White Ibis, along with howler monkeys, capuchin monkeys, crocodiles, and iguanas.

After the river tour, dive into the Costa Rican Rum Experience by Sabandi, where you'll learn how premium rum is made from sugar cane. Visit the "Casa de los Barriles" (barrel house) to see where the rum ages in oak barrels, gaining depth and flavor. The tour ends with a rum tasting and stunning lagoon views, wrapping up a day filled with adventure and local culture.



TECHNICAL INFORMATION

Pick up location: Hotel Main lobby.

Departure time: 8:00am.

Estimated Arrival back to hotel: 4:30pm.

Estimated transfer duration: 1 hr. 15 min – each way.

Dates:

G1: Fri July 26th

G2: Thurs Aug 1st

G3: Wed Aug 7th

G4: Tues Aug 13th

Minimum: 8 ppl.

Maximum:

120 ppl. for boat safari.

28 ppl. per tour. (Departing every 1.5 hrs) for rum experience & tasting.

Maximum capacity for lunch at La Casona: 70 people on each floor for a total of 140 people at the same time (not taking into consideration The Terrace).

Includes: Deluxe private transportation, certified TE DMC guide, one bottle of water on the bus, entrance fee to Hacienda El Viejo, fruit, coffee, tropical fruit beverages, gratuity for local guides, boat safari, rum experience & tasting and infused rum bottle.

REMARKS

Waiver is required.

Activity subject to weather conditions.

WHAT TO BRING?

Insect repellent, sunscreen lotion, comfortable clothes and shoes, hat, binoculars, sunglasses.

Per person Price in US\$	
Minimum	Hacienda El Viejo Boat safari and rum Experience & tasting
8 ppl.	\$185 ⁰⁰

Diamante Canopy Adventure & Animal Sanctuary

Diamante is home to Costa Rica's most incredible zip line experience. The Superman line is the longest dual action zip Line in Central America and ranked top 5 in the world. This zip line is Costa Rica's must-do experience! The course was designed and engineered for fun and safety. This activity includes 5 cables, including the 4,461 feet long (1.360 mts.) Superman cable, an additional 30-ft. (9 mt.) quick jump, and a bridge that crosses the crocodile's pond.

After experiencing this extreme adventure, participants will go on a relaxed guided walk at the Animal Sanctuary. They will interact with some animals, will have up close viewings, and even attend a feeding. Diamante is home to the largest variety of species in one location. The residents in the sanctuary are all rescued animals and includes sloths, monkeys, pumas, jaguars, toucans and more. Diamante has dozens of species of frogs, snakes, birds and a world-class butterfly observatory.

Buffet Lunch will be served at their main Restaurant where they will enjoy an amazing view of the ocean. Group will be transferred back to the Hotel by ground.



TECHNICAL INFORMATION

Pick up location: Hotel Main lobby.

Departure time: 8:00 am.

Estimated Arrival back to hotel: 3:30 pm.

Estimated driving time:

1 hr. 30min from Four Seasons Resort. – each way.

Minimum: 10 ppl.

Maximum: 30ppl.

Includes: Deluxe private transportation Hotel, certified TE DMC guide, one bottle of water on the bus, Zip line, guided walk at the animal sanctuary, fruit and 2 bottles of water per person (one per activity), Buffet Lunch (non-private – minimum for private lunch: 40 ppl having lunch together, at the same time and maximum of 150 ppl.), gratuity for local guides.

Dates:

G1: Tues July 23rd

G2: Mon July 29th

G3: Sun Aug 4th

G4: Sat Aug 10th

REMARKS

Waiver is required.

Minimum weight is 60 lbs. (27.2 kg) for the short lines and Quick Jump, and 85 lbs. (38.5 kg) to do the entire circuit, including the Superman cable.

Maximum weight is 280 lbs. (130 kg)

Not recommended for people with recent surgeries, heart conditions, physical limitations or pregnant women.

Activity subject to weather conditions.

WHAT TO BRING?

Comfortable shoes and clothes, closed toe shoes, sunscreen, insect repellent, sunglasses.

*A locker will be available at no cost to store your belongings.

Per person Price in US\$	
Minimum	Diamante Canopy & Sanctuary BY LAND
10 ppl.	\$233 ⁰⁰

Papagayo ZipLine

On this adventure, you'll have a unique experience soaring through the treetops along the Tempisque River, marveling at the rich wildlife and lush vegetation in the area. Your journey begins high in the canopy, where you become part of the vibrant life of the tropical forest. Ziplining across 11 cables strung between ancient trees is an adrenaline-pumping experience you won't want to miss.

After your thrilling ride, take some time to relax and soak in the stunning views before heading back to your hotel in Papagayo.



TECHNICAL INFORMATION

Pick up location: Hotel Main lobby.
Departure time: 8:00pm.
Estimated Arrival back to hotel: 12:00pm.
Estimated transfer duration: 45min. – each way.

Dates:
G1: Wed July 24th
G2: Tues July 30th
G4: Mon Aug 12th

Minimum: 8 ppl.
Maximum: 50 ppl.

Includes: Deluxe private transportation, certified TE DMC local guide, one bottle of water on the bus, zip line equipment, fruit and water at the end of the activity, gratuity for local guides.

REMARKS

Waiver is required.
Minimum age: 10 years.
Maximum weight: 250 pounds.
Physically demanding activity.
If you have long hair, wear it in a ponytail or a bun.
Not recommended for people with recent surgeries, heart condition, physical limitations or pregnant women.
Activity subject to weather conditions.

WHAT TO BRING?

Comfortable closed toe shoes and clothes, sunscreen lotion, hat, sunglasses, insect repellent and a change of clothes.

Per person Price in US\$	
Minimum	Papagayo Zipline
8 ppl.	\$120 ⁰⁰

Buggy Adventure by land

Embark on a two-hour buggy adventure in the picturesque region of Guanacaste, where the excitement of off-road exploration merges seamlessly with the discovery of hidden paths and charming towns. As the powerful buggies tackle uneven trails, you'll ride through rugged mountain trails to a secluded beach. A perfect blend between adventure and discovery.



TECHNICAL INFORMATION

Pick up location: Hotel Main lobby.

Departure time: 1:30pm.

Estimated Arrival back to hotel: 5:00pm.

Estimated transfer duration: 45min. – each way.

Dates:

G1: Wed July 24th

G2: Tues July 30th

Minimum: 2 buggies.

Maximum: 20 ppl. (5 Buggies available).

Includes: Deluxe private transportation, local bilingual guide, one bottle of water on the bus, buggy, goggles, balaclava (mouth mask), tropical fruits, water, gratuity for local guides.

REMARKS

Waiver is required.

Activity subject to weather conditions.

Not recommended for people with recent surgeries, heart condition, physical limitations or pregnant women.

5-Seater Buggy.

Companion minimum age: 3 years old.

Mandatory: Valid driver's license.

WHAT TO BRING?

Insect repellent, sunscreen lotion, comfortable clothes and shoes.

Price per Buggy in US\$

Activity Duration	Price per double Buggy
2 hours	\$551 ⁰⁰